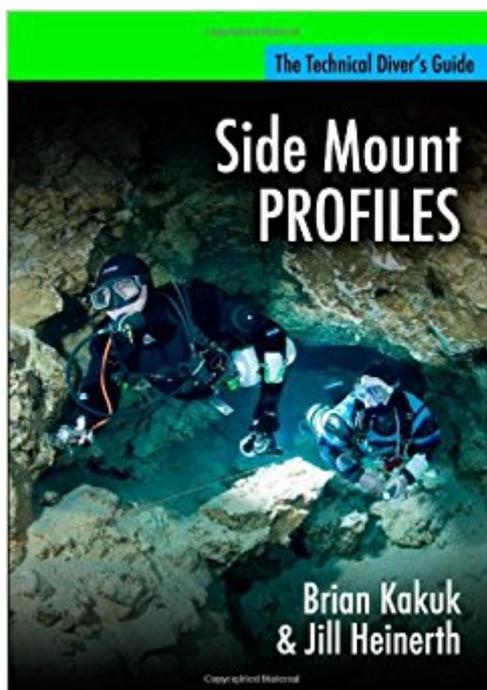


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# Side Mount Profiles



## Synopsis

Side mount diving is the fastest growing sector of technical SCUBA diving. Developed by trail blazing cave divers, the versatile side mount configuration offers new possibilities for open water, cave and wreck diving enthusiasts. With years of side mount diving experience, two of the sport's most acclaimed explorers, Brian Kakuk and Jill Heinerth, have teamed up to share their expertise with you in this generously illustrated and practical manual. Featuring advice from side mount pioneers Wes Skiles, Lamar Hires, Jakub Rehacek and Steve Bogaerts, "Side Mount Profiles" is an essential tool, filled with contemporary knowledge to help you enjoy the underwater world as a competent and safe side mount diver.

## Book Information

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## Customer Reviews

A Cave Diver and prolific author, Jill Heinerth has dived deeper into caves than any woman in history. With a collection of magnificent images, from inside Antarctic icebergs to the Floridan Aquifer and subterranean Siberia, Jill shares a glimpse of a breathtaking world few will experience. An award-winning filmmaker, Jill wrote, produced, and appeared in *Water's Journey*, the PBS documentary series that takes viewers on travels through the world's greatest water systems. Hollywood filmmakers, including Lakeshore Productions (*The Cave*) and James Cameron, have called on her to produce difficult underwater scenes, and international magazines and new media companies look to her to document extreme environments. Jill Heinerth has been a key member of scientific and exploration expeditions with The National Geographic Society, NOAA, Texas A&M University, Bahama Caves Research Foundation, The U.S. Deep Cave Diving Team, and many others. In January, 2012, Jill led a team of cave divers, scientists, journalists and Enduro motorbike

riders across the desert to the Egypt-Libya border in search of the mysteries that lay beneath the fabled Oasis at Siwa. Her accolades include being named a "Living Legend" by Sport Diver Magazine, induction into the exclusive New York Explorer's Club and the inaugural class of the Women Diver's Hall of Fame, as well as scores of photography and filmmaking awards. Jill was recently given the Wyland ICON award. Artist, Wyland founded the award and presents it annually to acknowledge individuals who exemplify the adventurous spirit of the underwater world and inspire others to do the same. Jill is the 7th woman to receive the icon award and join such notables (and her heroes!) as Jacques Cousteau, Lloyd Bridges, Dr. Sylvia Earle, Dr. Eugenie Clark, Rachel Carson, Zale Parry and Robert Ballard. Jill is a cave diving, rebreather, side mount and technical diving instructor, as well as an expert consultant to the diving industry.

Decent book, my instructor suggested I read it in conjunction with the IAND training material for my side mount course. I found it to be informative in some areas and lacking in others, however that is my opinion and others may think otherwise. All in all I would recommend reading it prior to thinking about side mount and certainly before purchasing any equipment. Overall I would recommend it to the newcomer such as myself but is probably lacking for the experienced side mount diver.

Well presented and many photos book on sidemount diving. Do think that use illustrations rather than photos would have been better at showing some gear configurations.

If you are wondering if side mount diving is for you, then you want to read this book. It does not replace practical training with an instructor, but it can show you how side mount can be used for various diving activities. Side mount for cave diving is discussed in depth. In the 'Profiles' section, a number of experienced divers talk about their motivation and goals for side mount diving, and the equipment setup they use for it.

This book is amazing! It's well written, clear and comprehensive. Filled with ample warnings of what can go wrong if divers don't receive proper side mount training and go beyond what their experience warrants. I'm going through the book for the second time and am surprised by how much I missed the first time. The detail is extraordinary. Almost every sentence contains useful and important information. Yet, the whole book reads with ease, just don't read too quickly or information of significance can be missed.

Interesting book for anyone thinking about cave diving or sidemount cave diving. Lots of very detailed pictures. Provides a good overview of cave diving.

Side Mount Profiles is a clearly written and easily understood. Perfect for any one interested in side mount diving or looking to enhance their diving knowledge further.

This book was well written and easy to follow. It fills a needed textbook void in sidemount, especially as sidemount goes more mainstream

As a cave diver for twelve years, I have finally decided to look in to side mount. Many recommended this book to me, and I am glad they did. While nothing was new or ground breaking, it did make you think. It's not a substitute for instruction, but another tool you can place in your arsenal. I highly recommend it for anyone even thinking about side mount,

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